Alaska Hospital and Healthcare Association

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The Impact of Artificial Intelligence in Health Care

What health care leaders need to know... <u>Now</u>!

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The Impact of Artificial Intelligence in Health Care This train has left the station!

"There is no deep difference between what can be achieved by a biological brain and what can be achieved by a computer.

It therefore follows that computers can emulate human intelligence – and <u>exceed</u> it."

Stephen Hawking 2017

"If you don't know AI, you're going to fail.

Period, End of story."

Mark Cuban 2024

The Impact of Artificial Intelligence in Health Care This train has left the station!



The Impact of Artificial Intelligence in Health Care Presentation Outline

- I. The fundamentals of artificial intelligence (AI)
 - A. Force multipliers of AI- hardware, software, connectivity
 - B. Current controversies in Al
- II. Artificial intelligence in the workplace
 - A. The new culture- a partnership between the human and AI
 - B. Specific AI applications in health care

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Gordon Moore's law (Intel) 1965: The number of transistors in an integrated circuit doubles about every two years.









1956- 5-megabyte Computer (2,000 lbs)





2024- Enter the world of Exa... a billion x billion



Next Steps:



1. Quantum computers- from transistors to atoms

2. Photon computers- from electricity to light

3. Neural computers- networking like the human brain

Almost 60 years later...

Moore's Law is <u>functionally</u> alive and well.

Hardware, Software, Connectivity







Hardware, Software, Connectivity



Machine Learning: The ability of computers to learn without explicitly being programmed.

Supervised learning- training with pre-established data.

<u>Unsupervised</u> <u>learning</u>- learning with <u>new</u> data.

Hardware, Software, Connectivity



Machine Learning: The ability of computers to learn without explicitly being programmed.

Example: Diabetes Mgmt Protocol

<u>Supervised</u> <u>learning</u>- training with pre-established data.

Implements a pre-existing protocol instantaneously

<u>Unsupervised</u> <u>learning</u>- learning with <u>new</u> data.

Uses <u>NEW</u> data to revise and improve protocol







Hardware, Software, Connectivity

Brain- computer interfaces- (BCl's)

A brain computer interface (BCI)-A direct communication between the brain and an external device.

Current patient applications:



Using one's thoughts to browse the internet
Controlling a prosthetic arm

Potential concerns:

Could the computer...

... <u>read</u> the rest of your mind? ... <u>control</u> your mind?

... enact your gratuitous thoughts?

Hardware, Software, Connectivity



AI Force Multipliers:

Together, they <u>exponentially</u> increase performance



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 - A. Force multipliers of AI- hardware, software, connectivity
 - B. Current controversies in Al-
 - 1. Can AI be trusted?
 - 2. What is the future of GPT?
 - 3. Can AI approach singularity and lead to human extinction?
 - 4. Regulation- is it already too late?
- II. Artificial intelligence in the workplace
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1. Can AI be trusted?

Lies, damned lies, and statistics.....<u>and now AI</u>!

"The danger is rubbish in, rubbish out, rubbish all about."

"Bots like ChatGPT will regurgitate the claptrap as fact."

"You are also seeing the effects of the bias of the input-er."

Robert Thompson, Sept 2023

1. Can AI be trusted?



1. Can AI be trusted?

Lies, damned lies, and statistics....and now AI !

Pew Political Typology Quiz



Rozado 2023

1. Can AI be trusted?

Emergent Properties

<u>Emergent properties</u>- unexpected or unpredictable events that arise out of the collaborative functioning of a system.



1968-2001 A Space Odessey



1984-The Terminator Bottom line... AI may develop a "<u>life of its own"</u>

1. Can AI be trusted?

Hallucinations

<u>Hallucinations</u>- confident AI responses that are nonsensical or <u>not</u> justified by its training data or algorithms.

"AI can give a very impressive-sounding answer that's just dead wrong!"

Oren Etzioni, Al2 2023

"ChatGPT is an omniscient, eager-to-please intern who sometimes lies to you ... "

Ethan Mollick, 2023

"It's all hallucination, but we only call it that when we notice it's wrong..."

Heaven MIT, 2024

Bottom line... AI will "<u>make things up</u>" by design

1. Can AI be trusted?

Deep fakes

<u>Deep fake</u> - an image, a video or an audio that deliberately replaces the person in the original with someone else

Potential consequences of deep fakes:

- The blurring of reality What is real?
- Cybersecurity- individual reputations/ blackmail
- Who owns a deep fake?



1. Can AI be trusted?

Addictive AI

Al as your "friend" ?

Replika



Broken Bear



"Hello, I am Broken Bear, the bear that loves your broken self"



1. Can AI be trusted?

Multiple potential entry points for AI bias





2. What is the future of GPT?

Generative Al

Open Al's Chat GPT-4... 100 million users in the first 2 months !



Big Picture, 2023

2. What is the future of GPT?

Composing creative text

Input:

Explain the plot of Cinderella in a sentence where each word must begin with the next letter in the alphabet from A to Z, without repeating any letters:

Output

A beautiful Cinderella, dwelling eagerly, finally gains happiness; inspiring jealous kin, love magically nurtures opulent prince; quietly rescues, slipper triumphs, uniting very wondrously, xenial youth zealously.

2. What is the future of GPT?

Applying visual recognition

Input:

28

What can be made with these ingredients?



Output:

There are many options for what you can make with these ingredients! Some possibilities include:

- -Pancakes or waffles
- -Crepes
- -French toast
- -Omelette or frittata
- -Quiche
- -Custard or pudding
- -Cake or cupcakes
- -Muffins or bread
- -Cookies or biscuits

There are just a few examples, but the possibilities are endless!

2. What is the future of GPT?

Providing medical advice



- Responses were rated by team of healthcare professionals
- Chatbot responses were rated significantly higher for both <u>quality</u> and <u>empathy</u>- 78%

2. What is the future of GPT?

Performance on standardized tests

90th percentile- State Bar exam

93rd percentile- SAT Reading exam

89th percentile- SAT Math exam

Passing score- USMLE (all three parts)

<u>Near</u> passing score- Neonatal boards

74th percentile- Multistate Professional Responsibility Exam



2. What is the future of GPT?

Generative AI trends in the next two years...

- 1. More powerful versions \rightarrow GPT5 and beyond
- 2. Multiple competitors \rightarrow more consumer choices
- 3. From passive generative AI \rightarrow proactive <u>personal</u> AI <u>agent</u>



3. Can AI approach singularity and lead to human extinction?

What is singularity?

"The moment where AI exceeds human control...

... resulting in unforeseeable changes to human civilization."

Darren Orf, 2023

"Now that we've discovered it works better than we expected, what do we do to mitigate things more intelligent than us from taking control?"

Geoffrey Hinton, Google, 2023

"AI will be smarter than any human being by the end of 2025"

Elon Musk, 2024

3. Can AI approach singularity and lead to human extinction?

Could AI lead to the extinction of the human race?

"Companies working on this technology state explicitly the goal of <u>God-like</u> intelligence"

Conner Leahy, Conjecture, 2023

"I fear that AI may replace humans altogether."

Stephen Hawking, 2016

4. The regulation of AI– is it already too late?

The challenges of regulation

- 1. Logistics
 - Data privacy/ security
 - Ownership/ copyright
- 2. Ethics
 - European Union- 2024
- 3. Governance- global cooperation and collaboration
 - Local \rightarrow state \rightarrow national \rightarrow global

"We are facing an almost guaranteed event with potential to cause an existential catastrophe"

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The new AI Culture- a Partnership

How <u>NOT</u> to view the workplace... <u>winners</u> vs. <u>losers</u>

From: winners/ losers...

Lesser Demand:

Accountants Traders Event Planners Transcribers Soldiers Legal assistants Writers Graphic designers Proofreaders Customer service agents Greater Demand:

Prompt engineer Al trainer Al auditor Al ethicists Machine managers

Mok, Insider 2023

The new AI Culture- a Partnership

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Mok, Insider 2023

...To: A <u>new</u> partnership/ culture

"Al is not going to replace you.

You're going to be replaced by a human who uses AI to out-perform you."

The new AI Culture- a Partnership The impact of ATM technology on bank tellers

Initial impact:

The number of tellers per bank branch decreased from 21 \rightarrow 13

Subsequent opportunities:

- 1. <u>Reinvesting the efficiencies</u>- Banks increased new branches by 40%
- 2. <u>Job/ workflow re-engineering</u>- cashiers \rightarrow customer service, transacting loans

World Economic Forum 2021

The number of bank tellers stabilized, and their jobs evolved The new AI Culture- a Partnership

Augment the human

The new cultural imperative: Augment the human... <u>NOT</u> eliminate the human

- 1. <u>Implement</u> an AI <u>strategy</u> for your institution
 - a. Prioritize- where is the technology most needed?
 - b. Education- ongoing for all stakeholders- providers, mgmt, Board
 - c. Develop and monitor performance metrics
- 2. Create a <u>culture of partnership</u> with AI



- a. Optimize job descriptions/ workflow processes, leveraging what each does best
- b. Acknowledge the need for human interaction/ oversight with AI
- 3. Continuously <u>monitor</u> and <u>re-assess-</u> the technology is evolving
 - a. Be aware of new disruptive technology- ex: the bank teller/ ATM
 - b. Establish ongoing performance improvement- PDCA

The new AI Culture- a Partnership

Example: Physician workflow chart

Current Workflow





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 - 1. Clinical decision support- earlier diagnosis
 - 2. Ambient clinical intelligence- documentation
 - 3. Personalized health
 - 4. Health equity
 - 5. Operations support- revenue cycle/ supply chain/ scheduling/ staffing/ recruiting/ HR

So many <u>applications</u> ... so many <u>products</u>... so few <u>dollars</u> to spend!



So many <u>applications</u> ... so many <u>products</u>... so few <u>dollars</u> to spend!

So many products:



.... And so few dollars

1. Clinical decision support

Clinical decision support (CDS)-

A system that provides information to help providers with decisions and actions

A. Earlier detection of disease:

- Genomics- lifetime genetic predictions
- Radiology- chest X-rays, mammograms
- Pathology- pre-cancerous cells
- Heart murmurs- the digital stethoscope
- Mental health- dementia, depression, counseling
- B. Real time disease monitoring:
 - Sepsis
 - Atrial fibrillation/ stroke prevention
 - Adverse drug events
 - New drug development
 - Wearable devices

2. Ambient clinical intelligence

Ambient clinical intelligence (ACI)-Combining AI and voice recognition technology to document patient encounters in real-time

The evolution of clinical documentation:



In 2023 the average physician spends 6.2 hours/day on the computer

2. Ambient clinical intelligence

Ambient clinical intelligence (ACI)-Combining AI and voice recognition technology to document patient encounters in real-time

A multicenter study:

Results:

- Saved 5.5 hours/week/user
- 76% reduction in after hours work
- 60% better quality
- More empathic responses

Future Capabilities:

Epic 2023

- <u>DRAFT</u> response to patient messages
- Generate billing/procedural codes in real time



3. Personalized health

The future of databases and guidelines





4. Health equity

Achieving health equity

US life expectancy has decreased by 2.7 years

- 6.6 years for the American Indian/Alaska Natives- (1944 levels)
- 4.2 years for Hispanic Americans
- 4.0 years for Black Americans
- 2.4 years for White Americans

CDC 2023

The power of AI will be required to analyze vast databases and provide individual recommendations

5. Operations support

A. Revenue Cycle



Artificial Intelligence as the "control tower"

- Pre-authorization management
- Rapid production of a clean claim
- Proactive denial management
- Report monitoring



5. Operations support

B. Supply Chain



Supply Chain Artificial Intelligence as the "control tower" Strategy Logistics Real time forecasting of supply/demand Planning Anticipating new products Management of life cycles Accelerate decision making Supply Automation of repetitive tasks Chain Life Cycle Enterprise Mgmt Applications Present Procurement Assets Mgmt

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5. Operations support

C. Scheduling/ Staffing



Artificial Intelligence as the "control tower"

- Predictions of surgical case duration
- Coordinate flow of care
- Identify surgeries with high risk of cancellation
- Better utilization of block time
- Adverse outcomes alerts

OR, ASC, out-patient clinics Toward more efficient management



5. Operations support

D. Human Resources



The critical role of human resources

Managing the cultural transition

- Redesigning job descriptions/ core competencies
- Optimizing staffing models/ ratios and workflow
- Developing/ providing ongoing training and assessments

Employee retention/ recruitment

- Earlier identification of employee dissatisfaction
- Better applicant screening competencies/ skills sets/ fit
- Forecasting turnover/ dynamic HR models
- Identifying and managing AI use by applicants



Your future physician??

"Within 5-6 years, the FDA will approve a primary care app qualified to practice medicine like your primary care physician"

Vinod Khosla, Microsystems, May 2023



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 - A. Force multipliers of AI
 - 1. Hardware- faster/ smaller/ cheaper
 - 2. Software- unsupervised learning
 - 3. Connectivity- computer/ brain/ networks/ robotics/ devices
 - B. Current controversies in AI
 - 1. Can AI be trusted?
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