

SMART Medical Clearance Form

	No*	Yes	Time Resolved
S uspect <u>New Onset</u> Psychiatric Condition?	1		
M edical Conditions that Require Screening?	2		
Diabetes (FSBS less than 60 or greater than 250)			
Possibility of pregnancy (age 12-50)			
Other complaints that require screening			
A bnormal:	3		
Vital Signs?			
Temp: greater than 38.0°C (100.4°F)			
HR: less than 50 or greater than 110			
BP: less than 100 systolic or greater than 180/110 (2 consecutive readings 15 min apart)			
RR: less than 8 or greater than 22			
O ₂ Sat: less than 95% on room air			
Mental Status?			
Cannot answer name, month/year and location (minimum A/O x 3)			
If clinically intoxicated, HII score 4 or more? (next page)			
Physical Exam (unclothed)?			
R isky Presentation?	4		
Age less than 12 or greater than 55			
Possibility of ingestion (screen all suicidal patients)			
Eating disorders			
Potential for alcohol withdrawal (daily use equal to or greater than 2 weeks)			
Ill-appearing, significant injury, prolonged struggle or "found down"			
T herapeutic Levels Needed?	5		
Phenytoin			
Valproic acid			
Lithium			
Digoxin			
Warfarin (INR)			

* If ALL five SMART categories are checked "NO" then the patient is considered medically cleared and no testing is indicated. If ANY category is checked "YES" then appropriate testing and/or documentation of rationale must be reflected in the medical record or in the space below, and time resolved must be documented above.

* FAQs are accessible [here](#).

NOTES: _____

Date: _____ Time: _____ Completed by: _____, MD/DO

Signature

Print



List of Abbreviations

A/O x 3.....Alert and Oriented x 3 (person, place and time)
FSBSFinger Stick Blood Sugar
HII Score.....H-Impairment Index Score
INRInternational Normalized Ratio
O₂ Satblood oxygen saturation


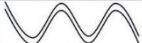



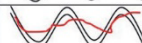
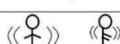
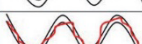

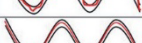












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H-Impairment Index (HII Score)

Time	0)	1)	2)	3)	4)
Gross Motor Function					
Unable to cooperate; cannot sit up	4	4	4	4	4
Can sit up, but unsteady	3	3	3	3	3
Can sit up steadily	2	2	2	2	2
Can stand and walk, but unsteady	1	1	1	1	1
Can stand and walk steadily	0	0	0	0	0
Mentation and Speech					
Unable to cooperate; unintelligible speech/moans	4	4	4	4	4
Slurred speech; does not make sense	3	3	3	3	3
Slurred speech; answers some questions	2	2	2	2	2
Imperfect speech; answers most questions	1	1	1	1	1
Baseline speech; lucid and appropriate	0	0	0	0	0
Tracing Curve					
Unable to participate	4	4	4	4	4
Makes mark on paper	3	3	3	3	3
Traces mostly out side of line	2	2	2	2	2
Traces mostly inside lines	1	1	1	1	1
Traces curve perfectly	0	0	0	0	0
Nystagmus					
Unable to participate	4	4	4	4	4
Profound nystagmus / can't follow finger with eyes	3	3	3	3	3
Moderate nystagmus/ follows finger for short distance only	2	2	2	2	2
Minimal nystagmus/follows finger with eyes whole time	1	1	1	1	1
No nystagmus/ follows finger with eyes whole time	0	0	0	0	0
Finger to Nose Testing					
Unable to participate	4	4	4	4	4
Grossly unsteady/misses targets	3	3	3	3	3
Unsteady and inaccurate/barely touches targets	2	2	2	2	2
Steady/ touches targets, but inaccurate	1	1	1	1	1
Steady/ accurately touches targets	0	0	0	0	0
Total Score					
Health Care Provider Initials					

Scoring Reference

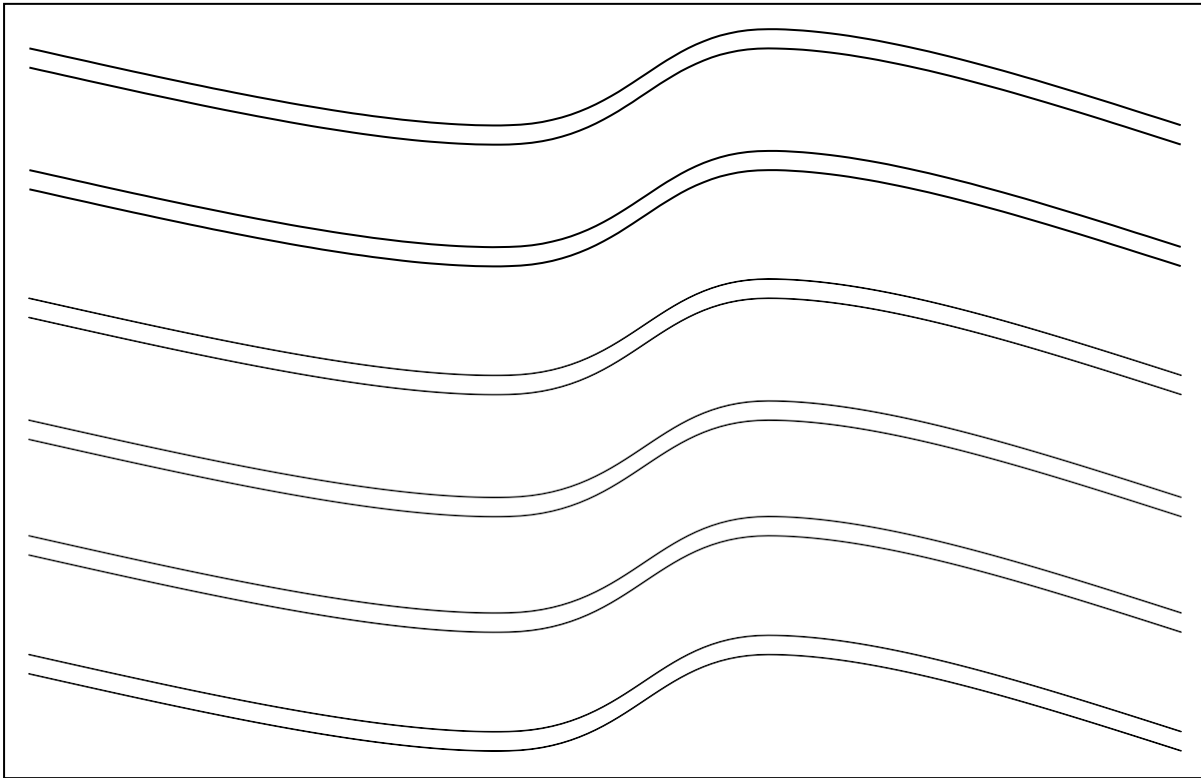
Gross Motor Function			Mentation and Speech ¹			Tracing Curve		
Unable to cooperate; cannot sit up		4	Unable to cooperate; unintelligible speech or only moans	4	Unable to participate		4	
Can sit up, but is unsteady		3	Slurred speech; does not make sense	3	Makes mark on paper		3	
Can sit up and is steady, but cannot stand		2	Slurred speech; answers few questions appropriately	2	Traces mostly out side of line		2	
Can stand or walk, but is unsteady		1	Imperfect speech; answers most questions appropriately	1	Traces mostly inside lines		1	
Can stand and walk and is steady		0	Normal or Baseline speech; Conversive and appropriate	0	Traces curve perfectly		0	

Nystagmus			Finger to Nose Testing		
Unable to participate		4	Unable to participate		4
Profound nystagmus; unable to follow finger with eyes		3	Grossly unsteady; Misses finger to target		3
Moderate nystagmus; only follows finger with eyes for short distance		2	Unsteady; Inaccurate/barely touches target		2
Minimal nystagmus; follows finger with eyes whole time		1	Steady; Inaccurate but touches target		1
No nystagmus; Follows finger with eyes whole time		0	Steady; Accurate finger to target		0



Tracing Curve

Time:





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Psychiatric Facility-Specific Clinical Admission Considerations/Limitations

Facility	Key & Emergency Contacts
<p>Alaska Psychiatric Institute (API). <i>API is a free-standing psychiatric care facility in Anchorage with limited ability to care for acute medical conditions. Accepts involuntary (DET). Has adolescent unit.</i></p>	<p>3700 Piper Street Anchorage, AK 99508-4677</p> <p>Phone: 907-269-7100 Medical Records Fax: 907-269-7129 Admissions Office Fax: 907-269-0279</p>
<ul style="list-style-type: none"> • No on-site imaging or laboratory services. • Cannot provide IV therapy, negative pressure isolation, cardiac or fetal monitoring, acute dialysis (home dialysis can be accommodated), or daily physical therapy. • Can take patients with mobility problems including those with prostheses, in wheelchairs, and who need assistance with mobility and some activities of daily living (ADLs), but not those who require a “total assist” level of care. • Has Chilkat unit for adolescents (minimum age 13). 	
<p>Bartlett Regional Hospital <i>The Mental Health Unit at BRH located in Juneau accepts involuntary (DET, minimum age 18).</i></p>	<p>3240 Hospital Drive Juneau, Alaska 99801</p> <p>Phone: 907-796-8430</p>
<ul style="list-style-type: none"> • Laboratory services and imaging services available. • Cannot take patients with mobility problems. • Cannot provide negative pressure isolation, cardiac or fetal monitoring, dialysis, or IV therapy. • Physical and occupational therapy available. 	
<p>Fairbanks Memorial Hospital <i>Located in Fairbanks; accepts involuntary (DET).</i></p>	<p>1650 Cowles St. Fairbanks, Alaska 99701 Phone: 907-452-8181</p>
<ul style="list-style-type: none"> • Adults only 	
<p>Mat-Su Regional Hospital <i>Located in Palmer; accepts involuntary (DET).</i></p>	<p>2500 S. Woodworth Loop Palmer, Alaska 99645 Phone: 907-861-6858</p>
<ul style="list-style-type: none"> • Adults only 	
<p>Providence Mental Health Unit <i>Located within the Anchorage Providence Alaska Medical Center ED. Only accepts voluntary admissions.</i></p>	<p>3200 Providence Drive, Anchorage, AK 99508</p> <p>Phone: 907-212-3040</p>
<p>North Star Behavioral Health System <i>Has both inpatient hospital and PRTF for youth. Voluntary admissions only.</i></p>	<p>Professional referrals page 2530 DeBarr Road, Anchorage, AK 99508 Phone: 907-258-7575</p>
<ul style="list-style-type: none"> • May accept younger than 13 	

